Zeit / Raum	Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag	
	KR1	KR2	KR1	KR2	KR1	KR2	KR1	KR2	KR1	KR2	KR1	KR2	KR1	KR2
8:00														
9:00	INJOY RÜCKEN		INJOY AEROBIC	YOGA	INJOY RÜCKEN		INJOY PILATES		INJOY RÜCKEN					
10:00							INJOY BODY PUMP		INJOY PILATES					
11:00								INJOY CYCLING			INJOY BODY FORM		INJOY BODY PUMP	
12:00														INJOY CYCLING
16:00	BAUCH spezial													
17:00	MAXX F								BAUCH spezial					
18:00	ZUMBA		INJOY PILATES		INJOY BODY PUMP		INJOY STEP		INJOY BODY VIVE	INJOY CYCLING				
19:00	INJOY BODY PUMP	INJOY CYCLING	INJOY BODY VIVE	YOGA	INJOY BODY FORM	INJOY CYCLING	INJOY BODY PUMP		INJOY BODYBALANCE					
20:00	INJOY BODY FORM		INJOY RÜCKEN	YOGA	INJOY BODYBALANCE		INJOY BODY FORM							
				INJOY CYCLING	ZUMBA									